

CAAF 2018 – Melbourne Program

Saturday 26 May

Time	Session
8:30am – 9:00am	Arrival / registration
9:00am – 10:00am	Welcome session
10:00am – 10:15am	Video montage of CDH'ers.
10:15am – 10:45am	Morning tea
10:45am – 12:30pm	Option 1: Supporting your loved ones through their CDH journey + How you can help the CDH community
	Option 2: Cycles of grief and remembering your CDH angel
	Option 3: The journey of a surviving family – laughter, grief and anxiety
	Option 4: Outdoor Activity (eg. group walk, cricket in Fitzroy Gardens)
	Child minding
12:30pm – 1:15pm	Lunch
1:15pm – 3:00pm	Insights from the medical profession
	Child-minding
3:00pm – 3:30pm	Afternoon tea
3:30pm – 4:30pm	Art Session - Optional
6:00pm – 8:00pm	Group dinner <small>*Please note, dinner is not included in the free CAAF registration. Guests will pay cash. Venue and price TBA closer to the date.</small>

Sunday 27 May

Time	Description
8:30am – 8.45am	Arrival / registration
8.45am-9.00am	Welcome & reflections on the previous day
9:00am – 10:00am	Option 1: Interactive session on self-care techniques
	Option 2: Managing PTSD
	Option 3: Outdoor Activity (eg. group walk, cricket in Fitzroy Gardens)
	Child-minding
10:00am – 10:30am	Morning tea
10:30am – 12:00pm	Group Share circle
	Child-minding
	Option: Free time
12:00pm – 1:00pm	Lunch
1:00pm – 2:00pm	Memorial service
2:00pm	Formal close of CAAF at the end of memorial service

*Program subject to change

[CLICK HERE TO REGISTER FOR CAAF](#)