



Stage: Children with CDH

Questions to ask medical professionals

- How often should my child be having follow up appointments? Who coordinates these appointments? Are these appointments at the hospital? Who are these appointments with?
- Can my child play sports and undertake physically strenuous activities such as running or swimming?
- Can my child attend childcare, and at what age?
- What do I do if my child is having difficulties breathing?
- Who should I contact if my child is unwell?
- What do I do if I suspect my child has reherniated or has a bowel obstruction?
- What do I do if I suspect my child is having developmental or intellectual issues as they are growing up?
- What do I do if I am interstate or overseas and my child is seriously unwell? Can doctors from interstate or overseas contact my GP/paediatrician/hospital to discuss my child's medical background?

Advice from parents

- Always trust your instincts and remember you know your child best. If you think there is an issue or problem with your child, then contact your child's GP or paediatrician, or visit the hospital.
- Join the support group for parents with CDH children. There's a wealth of knowledge and experience in the group!